



LEVEL 4 PUREED WEEKLY MENU CYCLE

All meals in this cycle meet IDDSI Level 4 standards, ensuring consistency in texture, safety and quality. Our goal is to make mealtimes enjoyable no matter the texture. That's why every dish is carefully crafted to maintain its authentic flavour and visual appeal, even in a pureed form.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

BREAKFAST

Porridge
(SSP11C)

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(SSP11C)

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(SSP11C)

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(SSP11C)

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(SSP11C)

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(SSP11C)

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(SSP11C)

All Day Breakfast with
sausage, egg and beans
with tomato sauce
(SP025C)

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(SP025C)

MAINS

Chicken & Potato Pie with
mash potato and broccoli
(SP001C)

Lancashire Hotpot with
mash potato, carrot, mushy
peas and gravy
(SP008C)

Beef Stew & Dumplings with
mash potato, carrot, green
beans and gravy
(SP009C)

Sweet & Sour Chicken with
mash potato, carrots and
green beans
(SP005C)

Fish & Chips with mushy peas
(Small & Mighty)

Chicken & Potato Pie with
mash potato, broccoli
and gravy
(Small & Mighty)

Roast Beef & Yorkshire
Pudding with mustard mash,
cauliflower, carrot and gravy
(SP010C)

Fish in Creamy Cheese Sauce
with mash potato, carrot and
mushy peas
(SP015C)

Tangy Lemon Chicken with
lemon sauce, mash potato,
carrots and green beans
(SP004C)

Tuna Bake with mash potato,
carrot and mushy peas
(SP014C)

Beef Curry with Bombay potato,
lentil daal and masala sauce
(SP044C)

Cottage Pie with mash potato
and mushy peas
(Small & Mighty)

Fisherman's Pie with white
sauce, mash potato and
mushy peas
(Small & Mighty)

Salmon in Dill Sauce with
mash potato, carrot and
mushy peas
(SP017C)

VEGETARIAN MAIN

Potato & Onion Gratin with
cheese sauce, mash potato,
broccoli and cauliflower
(SP021C)

Bean & Vegetable Casserole
with tomato sauce, mash potato,
swede and parsnip and broccoli
(SP019C)

Omelette & Cheese sauce with
mash potato and baked beans
(SP034C)

Lentil Bolognese in tomato
sauce with mash potato,
swede and parsnip and
green beans
(SP018C)

Macaroni Cheese with mash
potato and mushy peas
(Small & Mighty)

Vegetable Chilli with tomato
sauce, mash potato, swede
and parsnip and green beans
(SP023C)

Bean Stew with tomato
sauce, potato, peas and
swede/parsnip
(GLP03C- Allergen Aware)

SUPPER

Shepherds Pie with carrot,
mushy peas and gravy
(SP040C)

Beans on Toast
with tomato sauce
(PS01C)

Beef Bolognese with pasta in
tomato sauce with mash pota-
to, broccoli and carrot
(SP011C)

Egg on Toast
(PS03C)

Tuna Bake with mash potato,
carrot and mushy peas
(SP014C)

Omelette & Cheese Sauce
with mash potato and
baked beans
(SP034C)

Macaroni Cheese with mash
potato and mushy peas
(Small & Mighty)

DESSERT

Summer Fruits in
Vanilla Pudding
(PD24C)

Apple Pie and Custard
(PD30C)

Chocolate Sponge
and Custard
(PD22C)

Banoffee Pie
(PD32C)

Apple Pie and Custard
(PD30C)

Sticky Toffee Pudding
(PD33C)

Rice Pudding
(PD20C)

AFTERNOON TEA & SNACK

Custard Cream and
Tea Biscuit
(TPCD06C)

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For more information contact your Simply Food Solutions Account Manager.



FULL OF FLAVOUR. CRAFTED WITH CARE.

