

LEVEL 4 PUREED WEEKLY MENU CYCLE

All meals in this cycle meet IDDSI Level 4 standards, ensuring consistency in texture, safety and quality. Our goal is to make mealtimes enjoyable no matter the texture. That's why every dish is carefully crafted to maintain its authentic flavour and visual appeal, even in a pureed form.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Porridge (SSP11C)	Porridge (SSP11C)	Porridge (SSP11C)	Porridge (SSP11C)	Porridge (SSP11C)	Porridge (SSP11C)	Porridge (SSP11C)
All Day Breakfast with sausage, egg and beans with tomato sauce (SP025C)	All Day Breakfast with sausage, egg and beans with tomato sauce (SP025C)	All Day Breakfast with sausage, egg and beans with tomato sauce (SP025C)	All Day Breakfast with sausage, egg and beans with tomato sauce (SP025C)	All Day Breakfast with sausage, egg and beans with tomato sauce (SP025C)	All Day Breakfast with sausage, egg and beans with tomato sauce (SP025C)	All Day Breakfast with sausage, egg and beans with tomato sauce (SP025C)
MAINS						
Chicken & Potato Pie with mash potato and broccoli (SP001C)	Lancashire Hotpot with mash potato, carrot, mushy peas and gravy (SP008C)	Beef Stew & Dumplings with mash potato, carrot, green beans and gravy (SP009C)	Sweet & Sour Chicken with mash potato, carrots and green beans (SP005C)	Fish & Chips with mushy peas (Small & Mighty)	Chicken & Potato Pie with mash potato, broccoli and gravy (Small & Mighty)	Roast Beef & Yorkshire Pudding with mustard mash, cauliflower, carrot and gravy (SP010C)
Fish in Creamy Cheese Sauce with mash potato, carrot and mushy peas (SP015C)	Tangy Lemon Chicken with lemon sauce, mash potato, carrots and green beans (SP004C)	Tuna Bake with mash potato, carrot and mushy peas (SP014C)	Beef Curry with Bombay potato, lentil daal and masala sauce (SP044C)	Cottage Pie with mash potato and mushy peas (Small & Mighty)	Fisherman's Pie with white sauce, mash potato and mushy peas (Small & Mighty)	Salmon in Dill Sauce with mash potato, carrot and mushy peas (SP017C)
VEGETARIAN MAIN						
Potato & Onion Gratin with cheese sauce, mash potato, broccoli and cauliflower (SP021C)	Bean & Vegetable Casserole with tomato sauce, mash potato, swede and parsnip and broccoli (SP019C)	Omelette & Cheese sauce with mash potato and baked beans (SP034C)	Lentil Bolognese in tomato sauce with mash potato, swede and parsnip and green beans (SP018C)	Macaroni Cheese with mash potato and mushy peas (Small & Mighty)	Vegetable Chilli with tomato sauce, mash potato, swede and parsnip and green beans (SP023C)	Bean Stew with tomato sauce, potato, peas and swede/parsnip (GLP03C- Allergen Aware)
SUPPER						
Shepherds Pie with carrot, mushy peas and gravy (SP040C)	Beans on Toast with tomato sauce (PS01C)	Beef Bolognese with pasta in tomato sauce with mash potato, broccoli and carrot (SP011C)	Egg on Toast (PS03C)	Tuna Bake with mash potato, carrot and mushy peas (SP014C)	Omelette & Cheese Sauce with mash potato and baked beans (SP034C)	Macaroni Cheese with mash potato and mushy peas (Small & Mighty)
DESSERT						
Summer Fruits in Vanilla Pudding (PD24C)	Apple Pie and Custard (PD30C)	Chocolate Sponge and Custard (PD22C)	Banoffee Pie (PD32C)	Apple Pie and Custard (PD30C)	Sticky Toffee Pudding (PD33C)	Rice Pudding (PD20C)
AFTERNOON TEA & SNACK						
Custard Cream and Tea Biscuit (TPCD06C)	Custard Cream and Tea Biscuit (TPCD06C)	Custard Cream and Tea Biscuit (TPCD06C)	Custard Cream and Tea Biscuit (TPCD06C)	Custard Cream and Tea Biscuit (TPCD06C)	Custard Cream and Tea Biscuit (TPCD06C)	Custard Cream and Tea Biscuit (TPCD06C)

For more information contact your Simply Food Solutions Account Manager.



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