



SIMPLY A-LA-CARTE

An extensive range of quality home-cooked style, ready to serve food solutions made in the UK with care especially for the healthcare sector.

These home-cooked style meals have been formulated to provide a delicious and beautifully presented meal that is easy to serve every time whilst giving your patients or residents freedom of choice from an a la carte menu.

We provide a wide choice of meals all individually prepared keeping waste to a minimum. All meals come frozen, ready to serve providing quick and convenient meals that simply need to be placed in the oven.

Main Course

Roast Chicken & Vegetables

Roast chicken and gravy with roast potatoes, carrots, beans and peas.
06493 • 12 x 380g • Frozen

Chicken Fricasse

Chicken fricasse with roast potatoes, carrots and broccoli.
80407 • 12 x 380g • Frozen

Chicken & Mushroom Sauce

Chicken in mushroom sauce with roast potatoes, green beans and carrots.
80390 • 10 x 400g • Frozen

Fish Pie

Chunks of fish in creamy sauce with mashed potato topping and carrots.
80386 • 10 x 380g • Frozen

Minced Beef with Mashed Potato

Minced Beef and mashed potato, with carrots and garden peas.
80384 • 10 x 350g • Frozen



Poached Cod in Parsley Sauce

Poached cod in parsley sauce with potatoes, green beans and carrots.
80385 • 10 x 400g • Frozen

Roast Chicken & Stuffing

Roast chicken, stuffing and gravy with roast potatoes, carrots and green beans.
80381 • 10 x 400g • Frozen

Sausages in Gravy with Mashed Potato

Sausages and onion gravy with mashed potato and green beans.
80383 • 6 x 380g • Frozen

Sweet & Sour Chicken

Sweet and sour chicken with white rice, red peppers and garden peas.
80387 • 10 x 380g • Frozen

Chicken Casserole

Chicken casserole with broccoli and sweetcorn.
06464 • 12 x 380g • Frozen

Cottage Pie

Cottage pie with carrots and beans.
06429 • 12 x 380g • Frozen

Lentil Bolognese

Lentil bolognese with beans and cauliflower.
06517 • 12 x 380g • Frozen

Harvester Casserole

Vegetable casserole with potatoes, beans and carrots.
06515 • 12 x 380g • Frozen

Leek & Lentil Hotpot

Leek and lentil hotpot with potatoes, garden peas and carrots.
85554 • 12 x 380g • Frozen

Sliced Beef in Gravy

40603 • 4 x 1.2kg • Frozen

Desserts

Rice Pudding

80378 • 4 x 1kg • Frozen