

# SHROVE TUESDAY

5th March 2019

## INGREDIENTS

- Farmstead smoked rindless streaky bacon: x4 slices
- Tate & Lyle light soft brown sugar: x1 tsp
- Everyday Favourites ground cinnamon: pinch of
- American pancakes 4": x3
- Blueberries: x50g
- Yarde Farm premium dairy clotted cream vanilla ice cream x1 scoop
- Yarde Farm premium dairy salted caramel ice cream: x1 scoop
- Lyles blueberry syrup: x20g
- Salted caramel pieces: x1 tbsps

## DID YOU KNOW?

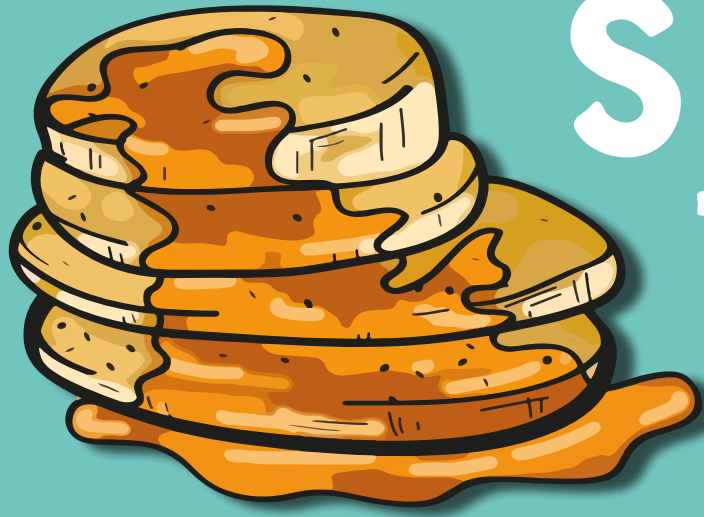
The highest pancake toss measured 9.47 m (31 ft 1 in) and was achieved by Dominic Cuzzacrea in New York, USA, on 13th November 2010. (Guinness World Records, 2018)

## CANDIED BACON AND BLUEBERRY PANCAKES

## METHOD

1. Sprinkle brown sugar and a pinch of cinnamon over the tray of streaky bacon and grill until crispy.
2. Reserve one rasher of bacon and crumble finely.
3. Layer up the pancakes with bacon and blueberries.
4. Top with one scoop of clotted cream and one scoop of salted caramel ice cream.
5. Drizzle with blueberry syrup, more blueberries and sprinkle the bacon crumbs over the top.





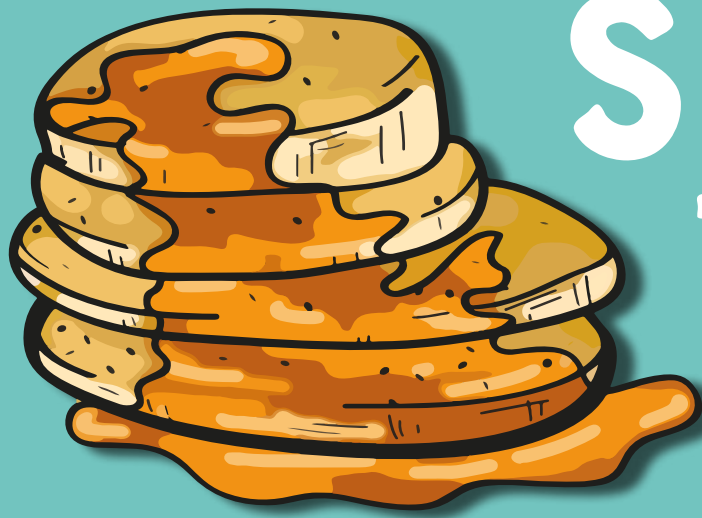
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## INGREDIENTS

- Everyday Favourites self raising flour: 350g
- Tate & Lyle granulated sugar drum: 40g
- Everyday Favourites cooking salt : 1g
- Everyday Favourites extended life vegetable oil - BiB: 30ml
- Dale Farm buttermilk: 250ml
- Cravendale whole milk: 380ml
- Everyday Favourites medium fresh eggs prepacked: 4
- Everyday Favourites salted butter: 100g
- Blueberries: 100g
- Everyday Favourites maple syrup: 150g

## METHOD

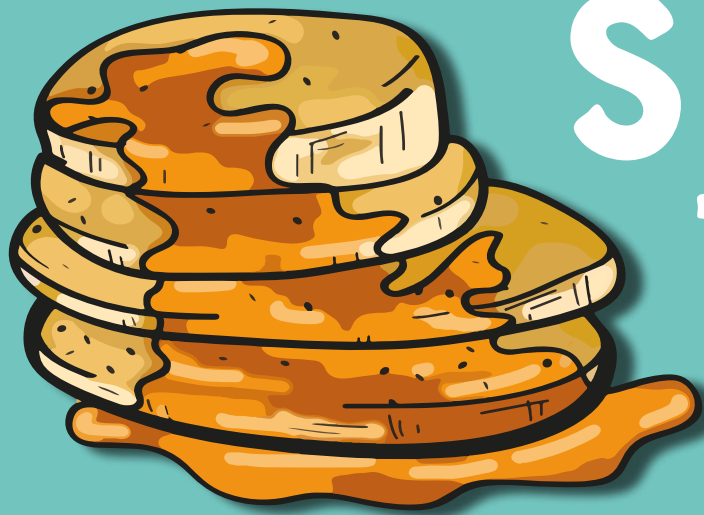
1. In a bowl add the flour, sugar and salt.
2. Whisk together the milk, oil and eggs and then fold through the buttermilk.
3. Gently mix the milk mixture into the flour to form a batter.
4. Heat a frying pan and add some butter.
5. Ladle a small amount of mixture into the pan and cook for 3-4 minutes either side.
6. Drizzle over maple syrup and sprinkle with blueberries.

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## BUTTERMILK PANCAKES





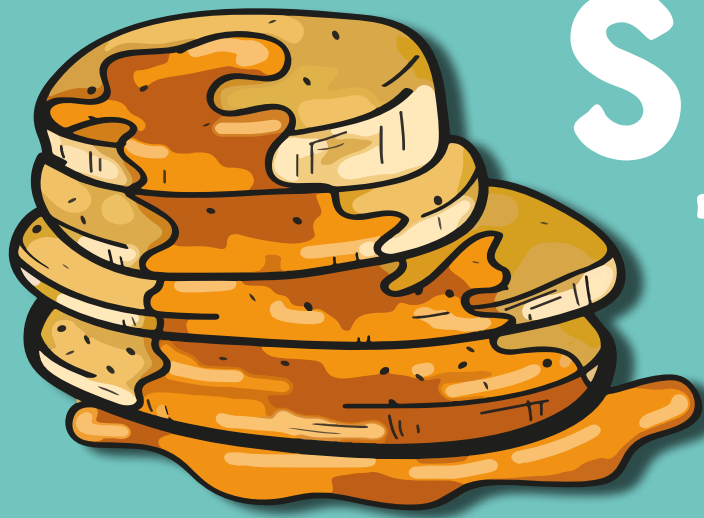
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