

Hospitals

For cafés and staff feeding

Key Cuisine trends for 2018

MIDDLE EASTERN



AMERICAN



ASIAN



Lacking Fibre



A quarter of adults lack dietary fibre, which can be overturned by the consumption of bread and baked goods as a high source of fibre

Smaller Portions

44%

of diners would like to have the option of a smaller portion size



Coeliacs

The Industry is missing out on an estimated

£100m

a year by not catering for people with Coeliac disease



Food-to-

40%
of diners agree

GO

that grab-and-go lunch options from an ethnic restaurant would be appealing, such as Vietnamese sandwiches and Korean-inspired salads

Key Lifestyle choices

VEGAN



The number of UK Vegans has increased by 360% in the last 10 years

VEGETARIAN



Half of millennials are considering giving up meat

Breakfast

NEW Nestlé Go Free Honey Flakes

60981 • 7x500g • Frozen •  

Moma Coconut & Chia Porridge

35347 • 12x60g • Ambient •  

Moma No Added Sugar Porridge Original

24874 • 12x70g • Ambient •  

1 DS Gluten-Free Muesli

33879 • 24x50g • Ambient •  

2 Everyday Favourites Porridge Oats

40126 • 4x2kg* • Ambient •  

Everyday favourites Fresh Large Lion Eggs

18928 • 1x60pk • Ambient

Everyday favourites Beans In Tomato Sauce

03334 • 6x3.12kg • Ambient • 

Everyday Favourites Mushroom Soup Mix

49429 • 2x2.25kg* • Ambient • 



Starters

3 Everyday Favourites Thick Vegetable Soup

49435 • 2x2.25kg* • Ambient •  

Everyday Favourites Tomato Soup

49434 • 2x2.25kg* • Ambient • 

Love Fresh Falafel, Chickpea, Yogurt & Mint

Falafel pieces with cooked chickpeas and diced mixed peppers in a tangy yogurt and mint dressing

60070 • 1x1kg • Chilled • 

4 Knorr 100% Soup Red Peppers & Tomato

59538 • 4x2.5ltr • Ambient •  

Knorr 100% Soup Carrot & Coriander

08551 • 4x2.5ltr • Ambient •  

Snacks

Eat Real Lentil Chips Tomato & Basil

68033 • 12x40g • Ambient •  

Eat Real Lentil Chips Chilli & Lemon

68031 • 12x40g • Ambient •  

Eat Real Hummus Sea Salt

68029 • 12x45g • Ambient •  

Metcalfe's Milk Chocolate Rice Cakes

57849 • 16x34g • Ambient •  

Propercorn Popcorn Sweet & Salty

25293 • 1x24pk • Ambient •  

Propercorn Popcorn Light Sea Salt

25960 • 1x24pk • Ambient •  

KP Fruit & Nut Energy Mix

60946 • 16x40g • Ambient • 

KP Orange Nut Fudge Energy Mix

60947 • 16x40g • Ambient • 

*Splittable

For more inspiration visit www.bidfood.co.uk/summer

Drinks

Monin Cloudy Lemonade Syrup

50877 • 4x1ltr • Ambient •  

Monin Strawberry Purée

50881 • 4x1ltr • Catering Supplies •  

Monin Passion Fruit Purée

50880 • 4x1ltr • Catering Supplies •  

1 Coca Cola Zero

29271 • 24x330ml • Catering Supplies •  

Glaceau Smartwater

72594 • 24x600ml • Catering Supplies

Glaceau Smartwater Sparkling

74755 • 24x600ml • Catering Supplies

Tropicana Smooth Orange Juice

11986 • 48x250ml • Catering Supplies • 

2 Just Bee Blueberry & Honey Water

74761 • 12x330ml • Ambient •  

3 Just Bee Apple & Ginger Honey Water

74760 • 12x330ml • Ambient •  

4 Just Bee Lemon & Green Tea Honey Water

74762 • 12x330ml • Chilled •  

5 Drench Sparkling Cranberry & Raspberry

94337 • 24x500ml • Frozen •  

Drench Sparkling Grape & Elderflower

94336 • 24x500ml • Frozen •  

To takeaway

6 Green Tree Compostable Greasproof Sheet

94198 • 1x1000pk • Ambient

7 Green Tree Sticker

95660 • 1x1000pk • Ambient

EcoCraft Food Tray Medium

41284 • 1x1000pk • Ambient

EcoCraft Food Tray Large

87463 • 2x250pk • Ambient

8 Green Tree Compostable Greasproof Sheet

94198 • 1x1000pk • Ambient

9 Green Tree Sticker

95660 • 1x1000pk • Ambient

10 EcoCraft Food Tray Medium

41284 • 1x1000pk • Ambient

11 EcoCraft Food Tray Large

87463 • 2x250pk • Ambient

Sources for infographics

(Mintel Attitudes towards Healthy Eating – UK, Feb 17)
(Mintel Ethnic Restaurants and Takeaways – UK, Jan 2017)
(Out of Home magazine, April 2017)
(Casual Dining, Feb 2017)

*Splittable

